

# PEACE

## LESSON 12

### Peace, Be Still

There are times in everyone's lives that are stormy and scary, times when everything seems to be against us and there doesn't seem to be a way out. But even in times like these we can find peace if we trust in our Heavenly Father.

When the Israelites were brought out of Egypt by the strong arm of their God, they followed a pillar of cloud by day and a pillar of fire by night. They had visual evidence that their God was with them. However, one night, camped by the Red Sea they spied an army of Egypt coming their way. Immediately they became fearful and panicked. Had God brought them out from slavery only to kill them in the wilderness??



Moses said to them: "Fear ye not, stand still, and see the salvation of Jehovah, which he will work for you to-day: for the Egyptians whom ye have seen to-day, ye shall see them again no more for ever. Jehovah will fight for you, and ye shall hold your peace."

God's angel and the pillar of cloud moved behind them and made a wall between the camp of Israel and the Egyptians - darkness to the Egyptians, but light to the Israelites. And during the night, God performed what

seemed impossible: a path of deliverance, a way of escape. As they stepped down onto the sea floor, were they panicking and rushing to get through as fast as possible? or were they at peace, trusting that God would hold the walls in place until they were at the other side?

We have to learn to have this trust that leaves us peaceful in times of trial, like Jesus, who in the midst of a great storm of wind was sleeping in the hinder part of the ship. His disciples woke him, thinking that they were about to perish. Jesus sat up and rebuked the wind, and spoke to the sea: "Peace, be still." And the wind died down and the sea became calm. Then turning to his disciples he asked, "Why are ye so fearful? Where is your faith?"

When we are worried or scared, we can think of all the stories of the people God worked with in the Bible. Although their lives may have involved various forms of hardship, He brought them through it and in the end it is faith in Him that is rewarded.

*"They that trust in the LORD shall be as mount Zion, which cannot be removed, but abideth forever." Psalm 125:1*

Student Name: \_\_\_\_\_

## WORKSHEET 12: PEACE, BE STILL

### ANSWERS FROM THE BIBLE:

How did trusting in God help these people?

Exodus 3:10-31 \_\_\_\_\_

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2 Kings 19:8-19 and 35-37 \_\_\_\_\_

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### WORD STUDY:

#### **"trust"**

Look up this word in a concordance. See if you can find some examples of things not to put your trust in.

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### APPLICATION:

Both Moses and Jesus remarked on the people's fear. It is said that most of what we worry about or fear, never happens. Write down some of the things that you worry about. Now read Matthew 6:25-34. Are any of your worries outside of what Jesus covers here?

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